

Impact of injuries
on young people
in Western
Australia

About YACWA

Advocacy and policy

Project management

Youth & community engagement

Development and support of networks

Training



Key youth issues

- Mental health
- Sexual health
- Homelessness
- Access and inclusion
- Education and employment

Injury & Young People

What are the leading causes of injury among young people aged 15-24 in Western Australia?

Injury & Young People

Table 2: **Top five causes of all hospitalised injury for WA residents, by age group (years), 2008–2012⁽²⁾**

Rank	0–4	5–14	15–24	25–64	65+
1	Falls	Falls	Other unintentional ^(a)	Other unintentional ^(a)	Falls
2	Other unintentional ^(a)	Other unintentional ^(a)	Transport ^(c)	Falls	Other unintentional ^(a)
3	Poisoning ^(b)	Transport ^(c)	Falls	Transport ^(c)	Transport ^(c)
4	Smoke, fires, flames and hot surfaces	Poisoning ^(b)	Assault ^(d)	Assault ^(d)	Poisoning ^(b)
5	Transport ^(c)	Smoke, fires, flames and hot surfaces	Intentional self-harm ^(e)	Intentional self-harm ^(e)	Intentional self-harm ^(e)

- (a) Other unintentional injury includes accidents caused by objects that cut or pierce, by other people, and by animals; accidents caused by being hit, struck or crushed by objects; and accidents caused by exposure to other and unspecified factors.
- (b) Poisoning injuries include accidental poisoning by other and unspecified drugs, medicaments and biological substances; and drugs, medicaments and biological substances causing adverse effects in therapeutic use.
- (c) Transport injuries include those sustained by occupants of motor vehicles and pedal cyclists.
- (d) Assault injuries include those caused by bodily force, sharp objects and blunt objects; and sexual assault caused by bodily force.
- (e) Intentional self-harm includes self-poisoning by poisons and motor vehicle exhaust; and self-harm by sharp object.

Injury & Young People

What are the leading causes of death among young people aged 15-24 in Western Australia?

Injury & Young People

Table 1: Top five causes of all avoidable deaths caused by injury for WA residents, by age group (years), 2007–2011⁽¹⁾

Rank	0–14	15–24	25–64	65+
1	Transport ^(a)	Transport ^(a)	Intentional self harm ^(b)	Falls
2	Drowning	Intentional self harm ^(b)	Transport ^(a)	Intentional self harm ^(b)
3	Assault ^(d)	Poisoning ^(c)	Poisoning ^(c)	Transport ^(a)
4	Other unintentional ^(e)	Assault ^(d)	Falls	Drowning
5	Smoke, fires, flames	Drowning	Assault ^(d)	Poisoning ^(c)

- (a) Transport includes those sustained by occupants of motor vehicles and pedal cyclists.
- (b) Intentional self-harm includes self-poisoning by poisons and motor vehicle exhaust; and self-harm by sharp object.
- (c) Poisoning includes accidental poisoning by other and unspecified drugs, medicaments and biological substances; and drugs, medicaments and biological substances causing adverse effects in therapeutic use.
- (d) Assault deaths and injuries include those caused by bodily force, sharp objects and blunt objects. Assault injuries also include sexual assault caused by bodily force
- (e) Other unintentional deaths and injuries include caused by objects that cut or pierce, by other people, and by animals; accidents caused by being hit, struck or crushed by objects; and accidents caused by exposure to other and unspecified factors.

Injury & Young People

Figure 2: Leading underlying causes of death in Australia by age group, 2011–2013

	1st	2nd	3rd	4th	5th
Age < 1	Other Perinatal & congenital	Other SIDS	Other Ill-defined causes	External Accidental threats to breathing	Other Selected metabolic disorders
Age 1–14	External Land transport accidents	Other Perinatal & congenital	Cancer Brain cancer	External Accidental poisoning	Other Cerebral palsy & related
Age 15–24	External Suicide	External Land transport accidents	External Accidental poisoning	External Assault	External Event of undetermined intent

Music Feedback



Music Feedback



The aim of Music Feedback is to encourage young people aged 12-25 to talk about mental health and mental illness, and seek help early.

Music Feedback activities:

- Workshops
- Production of video interviews
- Production of CDs
- Online content (Facebook and YouTube)
- Engagement at events

Music Feedback



https://www.dropbox.com/sh/v7zpy09efx1c3wq/AAAHn_BqwsV79bPtvCc4thzia?dl=0

Mental health & health promotion

Activity:

Plan a youth mental health promotion
strategy

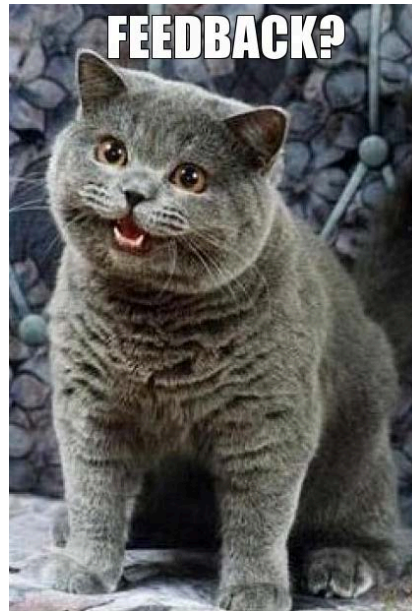
Mental health & health promotion

Plan a youth mental health promotion strategy

- How would you involve young people in planning
- Consider inclusion of at-risk groups
- Consider who else you would involve
- What tools could you use to ensure reach?
- What are your intended outcomes?

Mental health & health promotion

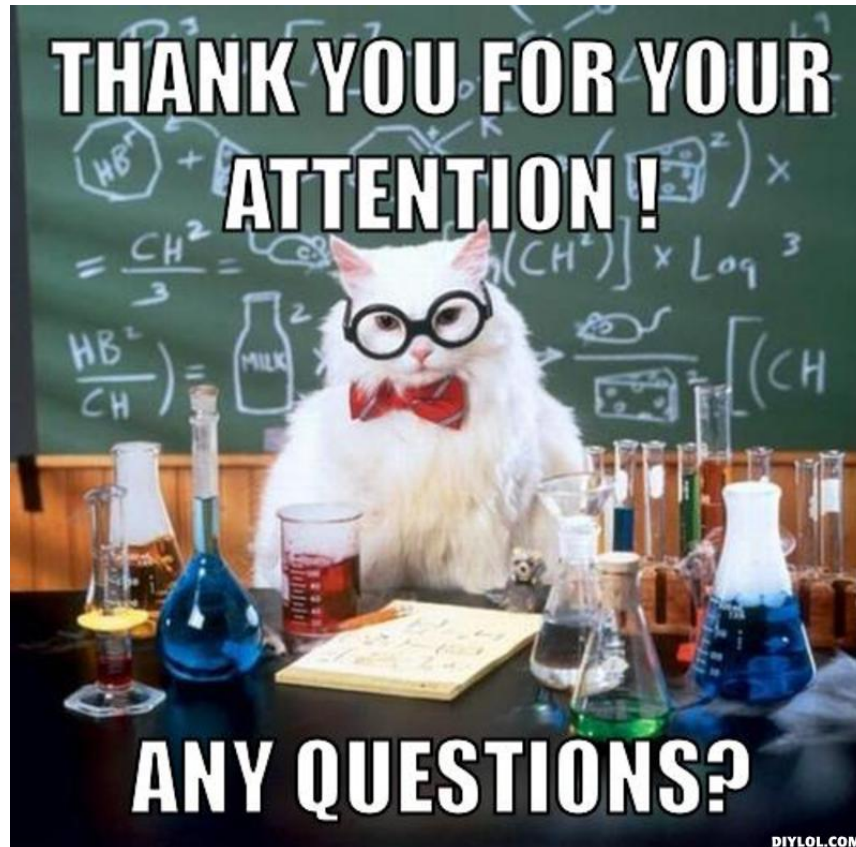
Feedback on activity!



Info & resources

Where to get information,
support & resources

Questions?



For more information

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