

Injury Prevention Network Group: Minutes

| | | |
|------------------------------|------------------------------|---|
| Date: 18 October 2019 | Time: 10.00am-12.00pm | Venue: Injury Matters, Leederville and via webinar |
|------------------------------|------------------------------|---|

1. Welcome and apologies

The meeting was hosted from Injury Matters and was chaired by Cat Wold.

Attendees:

| Name | Organisation | Region |
|--------------------|------------------------------|-----------------|
| Catrina Wold | Injury Matters | Metro |
| Glenda Spain-Dixon | Injury Matters | Metro |
| Rachel Meade | Injury Matters | Metro |
| Juliana Summers | Injury Matters | Metro |
| Russ Milner | Department of Health | Metro |
| Bradley Isbister | Neami National | Metro |
| Rachel Murray | Royal Life Saving Society WA | Metro |
| Gretchen Waddell | Kidsafe WA | Metro |
| Kath Blackman | Royal Perth Hospital | Metro |
| Eloise Fewster | Holyoake | Wheatbelt |
| Richard Crane | South Metro Health Service | Metro |
| Sarah Harris | ACRISP | National |
| Laura Rowan | Lifeline WA | Metro/Statewide |
| Haylee Bullock | South Metro Health Service | Metro |
| Angela Gabriels | South Metro Health Service | Metro |
| Ashlee Hasson | WACHS | Pilbara |
| Tracy Waddell | WACHS | Great Southern |
| Lauren Fortington | ACRISP | National |

Apologies:

| Name | Organisation | Region |
|--------------------|-----------------------------------|-----------|
| Dr Ann-Maree Lynch | WA Poisons Information Centre | Metro |
| Rebecca Carman | Sir Charles Gairdner Hospital | Metro |
| Shannen Vallesi | UWA – School of Population Health | Metro |
| Jo Drayton | Holyoake | Wheatbelt |
| Engel Prendergast | Holyoake | Wheatbelt |
| Lauren Fortington | ACRISP | National |

2. **In Memory** - Cat and Rachel spoke of the tragic passing on one of our Injury Prevention Network members, Jessica Carter. Jessica was a member of the North Metro Health Service team and the coordinator of the Ironbark program. The IPN acknowledged the lovely person that Jessica was and her passion for the health and wellbeing of the people she worked with. The network also acknowledged Jessica's meaningful contribution to the WA injury prevention and health promotion sector.
3. **Presentation** – Jerome Carslake Manager of the National Road Safety Partnership Program (NRSPP) provided an overview of the *Suicide by Road* project he is currently working on. www.nrspp.org.au



2019.10.18 - SiRT to
Injury Prevention Ne

4. State Public Health Planning Tool

- Rachel Meade provided an overview of the Public Health Planning tool Injury Matters are developing to provide guidance to Local Governments on how to link injury prevention to their public health plans. The tool provides practical solutions to address injury prevention across a broad-range of injury areas. IPN members are invited to review the document once the first draft is complete to provide feedback/expertise.

5. Evidence and Advocacy Update

- New statistics on Injury in WA from 2018, [click here for more information](#).
- Royal Lifesaving Drowning Report 2019, [for more information, click here](#).
- 2019 Western Australian Falls Report, [see full report here](#).
- New Quad bike legislation, [click here to see new regulations](#).
- The draft WA Suicide Prevention Action Plan 2021-2025 is open for public comment (22 October 2019): [provide feedback here](#).
- National Injury Prevention Strategy: Draft being developed and will be circulated for feedback, for any comments, email: InjuryStrategy@georgeinstitute.org.au
- Upcoming conferences:
 - Australasian Injury Prevention Network Conference (Nov 25-27, Brisbane)
 - WA State Trauma Symposium (November 29- Dec 1, Perth)
 - PHAA Preventative Health Conference (May 13-15, Perth)
 - World Safety 2020 (November 2020, Adelaide)

6. Program Updates

Injury Matters: Juliana Summers & Glenda Spain-Dixon

- **Falls Prevention:** *Move Your Body* campaign launched in September. The campaign focuses on the importance of older adults improving their leg strength and balance for prevent falls. The campaign toolkit can be found [HERE](#)
- The next campaign *Improve Your Health* will run from March to May 2020. Grant opportunities for this campaign will be opening next week up to \$5000+GST.

Expressions of interest will be due on Friday 29 November. For more information: jsummers@injurymatters.org.au

- **Regional travel:** Injury Matters have trips scheduled to:
 - Wheatbelt November (12-14), including Bruce Rock where we will be visiting a Stay On Your Feet® grant recipient.
 - Our Recovery support team have been invited by Main Roads to run a full day workshop in Broome Nov 27th.
 - We are also currently planning a trip to Kalgoorlie next year, if anyone was interested in linking up we would love to chat while we are still in the planning stage.
- **Mentally and Physically Safe:** Injury Matters received a grant from the National Heavy Vehicle Regular through the Heavy Vehicle Safety Initiative. The program is called Mental and Physical Safety on our Road (or MaPS), and aims improve the mental and physical safety of heavy vehicle operators in WA. For more information, [click here](#).
- World Day of Remembrance for Road Trauma Victims, Sunday 17 November 2019.
- Upcoming Injury Matters trainings and events can be found [here](#).



Multicultural
Training Flyer - Nov training and events.



Injury Matters

Injury Matters: Rachel Meade

- Health Promotion Charities: injury prevention is not currently part of the definition for organisations who can become registered as health promotion charities, investigating next steps
- National Injury Insurance Scheme: Investigating next steps

Lifeline WA: Laura Rowan

- WA state-wide suicide prevention network forum (31 October) focusing on attempted suicide and impact on families. Please contact Laura if you would like more information laurarowan@lifelinewa.org.au. You can register for the event on Eventbrite.
- *Waakal Moort Kaadadjiny*, Aboriginal Health and Wellbeing Festival at Gwynne Park Armadale on Thursday 24 October.

Neami National: Bradley Isbister

- Also supporting the *Waakal Moort Kaadadjiny*, Aboriginal Health and Wellbeing Festival at Gwynne Park Armadale on Thursday 24 October.
- Suicide Prevention 2021 – 2025 Strategy currently open for consultation and comment.
- Information about Neami's other current activities are listed in the IPN roundup.

Royal Lifesaving WA: Rachel Murray

- 23 October – media launch for the *Keep Watch* toddler drowning prevention campaign for summer.
- *Don't drink and drown* – new streaming and online campaign being launched in December.
- Working with consumer protection to promote portable pool safety and barrier safety.

Royal Perth Hospital (P.A.R.T.Y Program): Kath Blackman

- Currently providing training to people in Geraldton so the P.A.R.T.Y program can commence there early next year.
- Plans to visit Broome next year to train staff there so the P.A.R.T.Y program can commence there in 2021.
- Attending regional awards night tonight as the P.A.R.T.Y program has been nominated for an award.

Holyoake Wheatbelt: Eloise Fewster

- Wheatbelt Community Wellbeing Plans: Six plans established and working well; Have two communities planned for development early 2020
- Developing a localised Drink Driving Campaign for a community – potential for broadening across Wheatbelt
- Supporting community initiatives addressing alcohol- related violence and FDV
- Eloise and Jo will be presenting at the WALGA ‘Mental Health Forum’ on Local Government collaboration with Community Wellbeing Plans
- Working a number of ‘reduce your drink to reduce your risk’ media releases in the lead up to the festive season

Sir Charles Gairdner Hospital: Rebecca Carman

- SCGH current research study that we (SCGH Trauma Services and Emergency medicine, and RPH State Trauma Services) conducted on the *impact of anticoagulation on major trauma patients* was presented in October, 2019 at the Australasian Trauma Society National Conference in Sydney. For further information on this research please contact Rebecca, Rebecca.Carman@health.wa.gov.au

South Metro Health Service: Angela Gabriels, Haylee Bullock, Richard Crane

- (Angela Gabriels) Currently working with Town of East Fremantle to support their public health planning and also working with the City of Melville and City of Fremantle.
- (Haylee Bullock) Currently working with the City of Cockburn, City of Kwinana and City of Rockingham to develop and/or review their public health plans.

ACRISP: Sarah Harris & Lauren Fortington

- Currently working on evaluating a Knowledge Management framework, which was created by the International Olympic Committee to provide guidelines on how to prepare athletes, but framework can be transferable to any injury prevention topic. Evaluating framework and how useful it is for the community.
- Currently working on a WA regional safety sports program, currently assessing the differences between metro and regional areas for sports safety. Will be organising consultation with the community and also sports organisations.
- Upcoming PhD projects including a research project partnering with the Military.
- Evaluating the Know Injury and Stay on Your Feet[®] programs.

Department of Health: Russ Milner

- Erica Davison has left her role at the Department of Health.
- Russell reminded us of the importance of health professionals to take the time to care for ourselves and to consider the importance of our own health and wellbeing.
- Acknowledged the great work that everyone is doing in the injury prevention (population health) space across WA.
- Acknowledged the importance of using appropriate and carefully considered language when talking about sensitive issues and providing information to the community. Recommended we invite Mindframe to talk to the network about use of language –

balancing reducing stigma, but not promoting ideas or increasing risk, knowing how to talk to raise awareness without causing unintentional harm.

- Russ will be presenting at the Australasian Injury Prevention Conference in November.
- Cost of Injury report is making progress.

Kidsafe WA: Gretchen Waddell

- Children's Week next week.
- Visiting South West in a few weeks; facilitating school incursions, parent and health professional workshops.
- Preparing for the AIPN conference as we have a few presentations.
- Kidsafe Australia 40-year anniversary is in November.

Injury Matters: Cat Wold

- Community Falls Network: Community facing workers (industry, state health workers), focuses on sharing information, advocating for change, joint-best practice, next meeting 15 November.

7. Injury Prevention Network Group date and location for next meeting

- Next meeting, Friday 21 February 2020. Guest speaker will be Kate Hunter.

8. Close of Meeting

12pm